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President's Message

We said goodbye to our Vice President Mr. Errol Guilfoyle early in August, Errol had been President of the Sub-Branch for many years and his dedication to the Veterans never wavered. Errol was a quiet achiever never seeking notability or accolades, just going about Sub Branch business, his exemplary manner was highly thought of within this community and that was very evident by the amount of Veterans that formed a guard of honour at his funeral and the amount of people in these restrictive times that were actually at the cemetery. Our Condolences go out to Dianne, Chris, Kate and Errol's extended families.

Covid-19 Restrictions are still very evident within our Scenic Rim Regional Area and this has caused some restrictions on your Sub-Branch activities, however I am pleased to report that the Vietnam Veterans Day was able to go ahead with a reasonable contingent of Veterans and Family Members and Friends attending a memorial ceremony at the Palm Gardens in Jubilee Park, and afterwards some tall tales were told at the Services Club. Great to see old mates supporting each other with reminiscing that is only understood by those who served in this conflict

Our Peacekeepers Day was remembered by a small contingent of Sub-Branch Members, Mayor Greg Christensen and Councillor Michael Enright laying wreaths in honour of those who served in the Peacekeeping role. We are looking at, with assistance from the Scenic Rim Regional Council of dedicating the remaining plinth in Palm Gardens to the Peace Keepers. Our Grant writers will be focusing on this task.

On the 2nd of September I was privileged to be a part of a presentation by Mr. Steve Monteath to Mrs. Royal Mahoney who received a Life Membership of the RSL Ladies Auxiliary. Royal has been a very loyal supporter of the Sub-Branch over many years where she originally supported her husband Col who was President of the Sub Branch and we thank her for her dedication.

Our Member Mrs. Betty Milne-Ward has received her Commemorative Memorial Medal and Certificate given by the Government in honour of WW2 Veterans. We did send out notices to any Members asking if they were eligible for this medal however we had no replies, the offer is open to any member from WW2, we will assist them with the application for this medal if required.

Our Transport section has been busy mobilizing Community Members and Veterans to their medical appointments, we are very thankful that these drivers are very aware of all the requirements to keep the buses clean after each trip, and we have been fortunate to have Queensland Ambulance support us with the necessary cleaning equipment.

Our Museum 'Harry's Haunt' is open again after a deep clean by your admin staff. I am reassured all the sneezing was not the Virus but an accumulation of dust that has collected since the Museum has been closed down. All the Covid-19 restrictions are evident by signage at the Museum and we are looking for some Volunteers that may have a couple of spare hours to contribute to manning this facility.

We are still discussing business with the Services Club and hope for this to be resolved very soon.

In October we are holding a Members Meeting at the Services Club from 2pm this will be on Thursday 15th October and as this venue is much more accessible for our members, we are hoping for a good role up. Please consider supporting your Sub-Branch by attending. There will be other notifications in this Newsletter concerning this meeting. Our Membership remains at 178, and it would be wonderful to see a few more members attending our Sub Branch, however we are fully aware that many of you are still working and have other commitments, and we hope by continuing with the newsletter we are keeping you all informed of what is available at your Sub-Branch and what is available through DVA and Advocacy.

Carol Castles

President

Museum – Harry's Haunt

Harry's Haunt is now opened again with a COVID-19 Regulations. We have a new Volunteer Coordinator and we wish to welcome and thank Kevin Bulloch for accepting and taking on the responsibility.

PAWS/Wellbeing

If you require any assistance with DVA claims or unsure what you are entitled to please call the Sub Branch office and make an appointment to see one of our Advocates who are ready to help.

PAWS office is open for clients on Wednesday by appointment only.

Please call and make an appointment on Ph: 5541 3720 or email: welfare@beaudesertrsubbranch.com

Veterans and Veterans Families Counselling Service (VVCS)

A free and confidential counselling service for Australian veterans, peacekeepers and their families.

For more information on VVCS services and eligibility, please visit the VVCS website (www.vvcs.gov.au) or phone 1800 011 046.

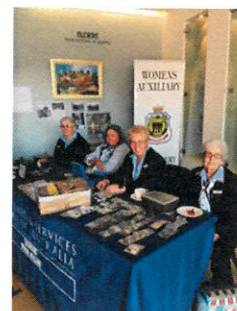
PAWS TEAM

Women's Auxiliary

The Ladies are still running Hoy every 1st Wednesday of the month at the Beaudesert RSL Services Club.

The ladies will be holding a Cent Auction with a Christmas Theme on the 30th October, 2020 at the RSL Club Doors open 10am.

I am sure they are looking forward to seeing you all attend and support them.



LEST WE FORGET

We remember the following Sub-Branch Members who have sadly passed away this year 2020.

♦ Barney McCabe ♦ Desmond Biss ♦ Robert Campbell ♦ Albert Spies ♦ Errol Guilfoyle

Calendar of Coming events - 2020

BEAUDESERT SUB BRANCH

**** COVID-19 Social Distancing Restrictions ****

15 October 2020	Members General Meeting & afternoon tea- 2pm – Beaudesert RSL Club – Function room
21 st October, 2020	Veterans Health Week – Luncheon (11am – 2pm) REFER TO ATTACHED INVITATION
11 th November 2020	Remembrance Day

Members General Meeting

(Wife/Husband/Partners most welcome to attend)

➤ 15th October, 2020 @ 1400hrs – (RSL Services Club Function room) afternoon tea afterwards.

♦ We hope you can attend for your input and support to the Sub Branch ♦

Birthday Acknowledgements

We wish to acknowledge the following members who had/will have their Birthdays in September and October, 2020



September 2020

Peter B ♦ John D ♦ Ian G ♦ Ernie H ♦ Michel J ♦ Diana R ♦ Anthony S ♦ Russell S ♦ Tracy C ♦ Garry Cooling
♦ Robert R

October, 2020

Darryl B ♦ John D ♦ Ray Ducat ♦ Ronald G ♦ Denise H ♦ Grant K ♦ Leslie L ♦ Jeffery M ♦ Thomas M ♦ Mal O
♦ Noel P ♦ Paul P ♦ Anthony S ♦ Ian S ♦ Graham S ♦ Peter W ♦ Daniel H ♦ Samantha M ♦ Graham D



WE WELCOME YOUR FEEDBACK

- How can we encourage members to attend General meetings?
- How can we support our members more?

WE NEED YOUR FEEDBACK - Got feedback for us, What can we do better,
Your opinion is valuable, You're important to us
We need your help.

SUB BRANCH NEWS

Sub Branch Library Open

The Sub Branch has a large collection of books and DVD's that has been donated to the Sub Branch. The Library is open to all members and their families use. Please come in and see what collection of books and DVD's we have.

BEAUDESERT SOCIAL GOLF CLUB

There is no requirement to be a member of the Beaudesert Social Golf Club, however, they would love to see more ex-Military and Veterans in their ranks. It is a great day with 18 holes of Golf, Morning Tea, BBQ lunch and prizes in excess of \$100. They have players of all skill levels, but the main aim of the day is to have fun, enjoy yourself and meet some likeminded people. They have our own Handicap System so everyone regardless of ability has a fair chance to win Prizes. Why not come along and have a game?? For more information contact the Beaudesert Golf Club.

SENT IN BY MEMBERS

JUST FOR LAUGHS

The reason the Army, Navy, Air Force, and Marines squabble among themselves is that they don't speak the same language.

For example, take a simple phrase like, "Secure the building."

The Army will put guards around the place.

The Navy will turn out the lights and lock the doors.

The Air Force will take out a 5-year lease with an option to buy.

The Marines will kill everybody inside and make it a command post.



Instead of the John I call my bathroom the Jim!
That way it sounds better when I say I go to the Jim first thing every morning!!!

**WHEN A WOMAN SAYS "WHAT?"
IT'S NOT BECAUSE SHE DIDN'T
HEAR YOU. SHE'S GIVING
YOU A CHANCE TO
CHANGE WHAT YOU SAID.**



The Forgotten Trials of War

Thirst and growing hunger pains
Shivering in drenching icy rain
Staring at barbed wire and killing grounds
Watching and waiting from sandbagged muddy mounds
Heart thumping as blackness of night arrives
Tortured eyes staring as shadows seem to come alive
Fighting temptation for deep sleep in the never ending night
Sudden sounds in the smothering darkness bring tingling fright
Glimpses of family, love and laughter in fitful dreams
Thoughts shattered by angry, howling shells and screams
A much wanted tomorrow seems so very far away
Mates close by bring courage and hope to seek another day
At the beginning or end, no matter when or where
Often muddy, wet and weary, always ready to dare
Banter, mischief, wry humor and larrikins more than a few
Plus spirit, camaraderie and tough battle discipline too
Fallen comrades now at rest, while wounded wave a final hooray
Fresh innocent faces bring news from a sunburnt country far away
A rest from battle, clean clothes, hot meals and sweet, sweet sleep
Soon, new orders met with forced smiles as scythes are honed to reap
Astride a track, hungry, wild-eyed and weary with fags hanging from lips
They study a stranger with critical eye as radar would with a blip
A clean, well fed piece of brass from HQ coming to see what's up
He's asked of home, and who won Grand Finals and Melbourne Cup
Soon or late, those who survive return to the land they love
The Southern Cross, clear and bright, watches from high above
There is happiness, love and blissful peace once more
Yet past lessons forgotten, as Canberra snores and snores
Now a wooden horse is brainwashing youth and proud history distorted
Political correctness rife and deaf to pains of freedom being tortured
A dry taste of drought lingering and still no plans to trap liquid gold
A virus has revealed a lack of national security to scare even the bold
A hungry dragon stirs from deep sleep in a land not so

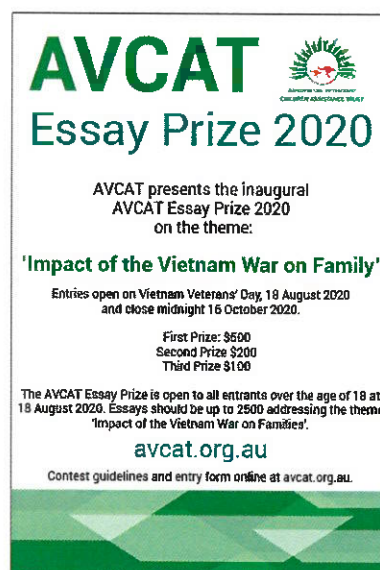
far away
Polly's, yawn, dither and bumble with flawed plans from yesterday
Scarred warriors sense strife with hints of foreign threats and more
They recall past sacrifice; curse Canberra and wonder what it was for
Light the beacon; tell the world; we will not surrender a gift passed on to us
Hold high our fiery torch burning a fuel of faith and trust
Leadership, vision, unity, and purpose with toil is our antidote to strife
Forever alert, ready and able to protect our precious freedom of life
George Mansford © May 2020


Info for members

GARDEN TIP

This recipe is supposed to help produce more fruit due to the boost of magnesium, especially for tomatoes, capsicums and roses.

- 1 Dissolve 1 tsp Epsom salts in 4 cm warm water.
- 2 Decant into a spray bottle, then spray on plant.
- 3 Repeat 10 days later.



AVCAT 
Essay Prize 2020

AVCAT presents the inaugural
AVCAT Essay Prize 2020
on the theme:

'Impact of the Vietnam War on Family'

Entries open on Vietnam Veterans' Day, 18 August 2020
and close midnight 16 October 2020.

First Prize: \$500
Second Prize: \$200
Third Prize: \$100

The AVCAT Essay Prize is open to all entrants over the age of 18 at
18 August 2020. Essays should be up to 2500 addressing the theme
'Impact of the Vietnam War on Families'.

avcat.org.au
Contest guidelines and entry form online at avcat.org.au.

Do you know about Angus House?

Did you know that accommodation is available for \$20/night (including dinner) at Angus House for veterans who need to stay in Brisbane while receiving medical treatment? That's pretty great value.

Angus House is operated by RSL Queensland and run by Manager Michelle Byrne (also copied into this email). Michelle would like to get the word out to your team in the hope you will keep it in mind to refer veterans in need. You can read an article about Angus House [here on our blog](#). Please contact Michelle if you have any further questions.

Here are some great features and how to book a stay:

FEATURES AT A GLANCE

- \$20/night per person, including dinner
- Address: 53-55 Bayliss Street, Toowong
- Close to Toowong Private Hospital and Wesley Hospital
- Stay with other members of the Defence community
- Staff sometimes offer transport to nearby hospitals
- 11 bedrooms, four shared bathrooms, three TV rooms, dining room, kitchen and laundry
- Designed for members of the Defence community receiving medical treatment

HOW TO BOOK A STAY AT ANGUS HOUSE

Phone: 0418 721 300

Email: michelle.byrne@rslqld.org

More info: rslqld.org/find-help/angus-house

DVA Information for members

TWO NEW PROVIDERS OF PSYCHIATRIC ASSISTANCE DOGS TO SUPPORT VETERANS

VETERANS with post-traumatic stress disorder (PTSD) will benefit from the addition of two new providers to the Government's Psychiatric Assistance Dog Program, the Royal Society for the Blind of South Australia and Integra Service Dogs Australia.

Minister for Veterans' Affairs Darren Chester said this was an important program to help veterans manage their PTSD and the feedback received so far from veterans and their families was that it was making an amazing difference.

"We have seen the positive outcomes from this program with six veterans already sharing a special bond with their psychiatric assistance dogs, making a remarkable difference to their everyday life," Mr Chester said.

"These dogs are specially trained to perform specific tasks to help their owner when experiencing symptoms of PTSD, such as a night terror, and helping veterans to reach their clinical recovery goals.

"Adding two new providers will increase the availability of psychiatric assistance dogs and ensure the growing demand from eligible veterans can be met.

"I encourage veterans managing their PTSD and who are interested in this program to contact the Department of Veterans' Affairs to check the eligibility requirements and to apply to get an assistance dog."

More than 140 applications for psychiatric assistance dogs have been received by the Department of Veterans' Affairs (DVA) and having two new providers, along with two existing ones, will ensure the program supports veterans across the nation.

To be eligible for a psychiatric assistance dog, veterans must have a Veteran Gold or White Card, have a diagnosis of PTSD from a psychiatrist and be currently engaged in treatment with their mental health professional for a minimum of three months.

DVA is continuing to evaluate the effectiveness of psychiatric assistance dogs in the treatment of PTSD through a partnership with La Trobe University with early feedback from veterans who have trialled the dogs being overwhelmingly positive.

"The current arrangements to source and train psychiatric assistance dogs allows DVA to address the needs veterans are experiencing now, while the La Trobe University research continues to better understand how psychiatric assistance dogs can support the treatment of PTSD for our veterans," Mr Chester said.

For more information about DVA's Psychiatric Assistance Dog program visit the DVA website

Media release - Practical steps to support veteran mental health

General Practitioners (GPs) across Australia now have access to a new 24/7 hotline to assist them in supporting the health and wellbeing of veterans.

Minister for Veterans' Affairs Darren Chester said the Veteran Mental Health GP Assistance Hotline forms part of a \$1.4 million investment in practical steps to meet the needs of the veteran community.

"GPs play an important role in coordinating a patient's care, requesting additional tests, treatment or assessment by other health professionals, and making referrals to relevant Department of Veterans' Affairs (DVA) services or programs," Mr Chester said.

"The new Veteran Mental Health GP Assistance Hotline will provide GPs with access to free expert advice on the unique mental health challenges that our veterans can face from health practitioners who are clinically trained in veteran mental health.

"Our veterans make a great contribution to our country and the Government is committed to putting veterans and their families first and providing the services they need when and where they need them.

"The hotline is immediately available and GPs can access free expert advice on veteran mental health issues by calling 1800 VET 777 (1800 838 777)."

In addition to the GP Assistance Hotline, a General Advice Hotline will be available to anyone in Australia who wants to access information and resources on veteran mental health and treatments.

A Community of Practice (COP) for PTSD Trauma Recovery Program providers will also be established, creating a network of PTSD service providers dedicated to the provision of evidence-informed mental health care for veterans.

"This funding will improve awareness of veteran mental health issues in our health care system and has significant potential to have a real impact on the health and wellbeing of our veteran community," Mr Chester said.

The GP hotline and COP form part of the Australian Government's expanded services to ensure veterans and their treating clinicians can access expert advice and guidance on treatment and support for veterans with mental health issues.

This new initiative is aligned with the Veteran Mental Health and Wellbeing Strategy and Action Plan, launched in May this year.

AUSTRALIANS RECOGNISE OUR FALLEN ON REMEMBRANCE DAY 2020

IN the lead-up to Remembrance Day 2020, schools and community groups across the country are being provided with free resources to assist them in teaching our next generation about the importance of the day, as well as promoting its observance on 11 November.

Minister for Veterans' Affairs Darren Chester said Remembrance Day was one of the most significant days on our national calendar and the mail-out was just one way the Federal Government created an understanding and awareness in the community of the importance of commemorating all those who have died in service to the nation.

"More than 102,000 of those who have served our nation in wars, conflicts and peacekeeping operations have made the ultimate sacrifice and at the 11th hour, of the 11th day, of the 11th month, the nation pauses for a minute of solemn and silent reflection to remember them," Mr Chester said.

"To assist schools and community groups commemorate Remembrance Day in a dignified and respectful manner, the mail-out includes posters, educational activities and other resources that tell the story of our wartime history.

"I encourage all those in the community who are looking to learn more about those who have served our nation and the importance of Remembrance Day to access the resources online."

The mail-out includes material that looks back at the Second World War, which ended 75 years ago this year, and recognises the important roles families and communities played in supporting the war effort on the home front.

The mail-out is distributed to more than 17,000 recipients across Australia and overseas and this year's Remembrance Day posters feature Australians celebrating the declaration of peace at the end of the Second World War on 15 August 1945, as well as Royal Australian Air Force personnel receiving official news of Japan's surrender on the same day.

Due to coronavirus, this year aged care facilities will only receive a letter from the Minister for Veterans' Affairs and Victorian schools will receive a digital version of the mail-out. Mail-out resources are available for free download on the [Anzac Portal](https://anzacportal.dva.gov.au) or by emailing education@dva.gov.au.

OPEN ARMS IPSWICH MOVE

VETERANS and their families in Ipswich, Queensland, now have greater access to mental health support services with the opening of a new permanent Open Arms – Veterans & Families Counselling office tomorrow.

Minister for Veterans' Affairs Darren Chester said the previous Open Arms office in Ipswich was a satellite office and that the new permanent location further demonstrated the Government's commitment to improving the mental health and wellbeing of Australian veterans and their families.

"The new office, centrally located at 10 Brisbane Street, is in close vicinity to RAAF Base Amberley, the largest Air Force base in Australia, and the place of employment for thousands of current Australian Defence Force (ADF) members and their families," Mr Chester said.

"The new location offers veterans and their families a modern, well equipped, easily accessible and family friendly site with additional counselling rooms and large open office spaces to ensure they are well-looked after."

In what has been a challenging year, Open Arms has seen a 35 per cent increase in counselling sessions provided to the ex-service community in the last 12 months, and this increase is expected to continue throughout the coronavirus pandemic.

Senator for Queensland Paul Scarr, who is based in the Ipswich region, said the increase in those accessing counselling services illustrated that the message about seeking mental health support was being heard, particularly in the ex-service community.

"Reaching out for support is incredibly important during uncertain times and veterans and their families in the areas surrounding RAAF Amberley here in Queensland will now have a better resource to provide that support," Senator Scarr said.

"If you are a veteran or family member who may be struggling or in need of additional support, I encourage you to call Open Arms 24/7 on 1800 011 046 or visit OpenArms.gov.au to find more about services available."

Open Arms was founded by our Vietnam veterans and is their enduring legacy of ensuring all veterans and

their families can access free and confidential mental health support.

The Ipswich Open Arms office is one of five in southern Queensland. For further information on Open Arms locations, visit OpenArms.gov.au.



I'm sure you will all remember the hugely successful Music From The Home Front concert on ANZAC Day and the #1 album release that followed.

I'm pleased to advise that the album is now available as a limited edition triple vinyl set and to celebrate its' release the organisers have made a very special promotional opportunity exclusively to our members.

You can download the album in the next 24 hours for just \$2.99.

All you need to do is go to this link –

<https://fwd.rocks/RSL>

Simply download to your PC or Mac, unzip and play, or add to your music player*

But remember that the offer will close tomorrow at midnight.

It would normally be \$19.99 as it features the 27 tracks performed on Music From The Home Front, including Colin Hay and Delta Goodrem, Jimmy Barnes with Diesel, Ian Moss, Mark Seymour, James Reyne, Archie Roach, The Wiggles, Paul Kelly, Guy Sebastian, G Flip, Birds of Tokyo, Crowded House and many more.

Profits from the release will be donated to Support Act. Enjoy!

FRENCH GROUP

There's another U3A activity which happens down the road at the RSL sub-branch rooms (on the corner of William and Brisbane streets), where the sound effects are just as important. This is the French group which meets every Monday afternoon from noon until 2.30 pm to practise language skills in two groups, beginner/intermediate and advanced.

As this group has a mid-year intake for interested learners with basic knowledge, NOW is the time to enquire. Advanced speakers can be integrated into the group at any time.

The members meet for the first hour in separate groups, then come together for an hour of discussion in both French and English using online resources, newspapers, books and podcasts. There's an afternoon tea break when members take turns to provide the goodies.

Enquiries: Guitar – phone Laurel at 0417 644 506

French – Jayne at 5463 4841 or Sue at 5544 3146

Website – www.beaudesertu3a.com. By Cheryl Folley (U3A)



Members of the U3A French Group celebrating the return to in-person meetings. From L to R: rear - Keith George, Diane Rewco, Lloyd Tilbury, front - Jacques M'oon (native French speaker, from Joan of Arc territory) and his wife Jayne, & Sue Bradbury

Three-quarters of veteran compensation decisions are overturned or changed when appealed

Exclusive by defence correspondent Andrew Greene

Posted Thu 3 Sep 2020 at 5:08am, updated Thu 3 Sep 2020 at 7:52am

Hundreds of former servicemen and women are successfully appealing compensation decisions made by the Department of Veterans' Affairs (DVA), according to recent figures obtained by the ABC.

Data compiled earlier this year suggests DVA is having close to 80 per cent of its rulings overturned or adjusted when referred to the Veterans' Review Board (VRB), although the department insists the overall figure is much lower.

In a formal response to the Senate, the department has revealed in the second half of last year, 2.6 per cent of primary determinations made under the Veterans' Entitlements Act and Military Rehabilitation and Compensation Act were appealed to the VRB for review.

According to DVA, just 23.1 per cent of claimants appealing to the VRB were unsuccessful, while 76.9 per cent of veterans seeking compensation had the department's initial ruling set aside or varied.

During the entire 2019-20 financial year around 1,900 compensation decisions were reviewed by the VRB, with the department insisting that around half of the rulings were varied on appeal because new information was often provided to support the claim.

Veterans have told the ABC the Department's mishandling of cases is causing harm in their community, with many applicants waiting far too long for their rightful compensation.

"They are just stupid mistakes and the Department seems happy with the Veterans' Review Board to be their fix-up point", said Michael Quinn, a veterans' advocate who regularly represents claimants at the VRB.

"It's not good enough because the mistakes they're making can and do cost lives," Mr Quinn warned.

A department spokesman told the ABC the majority of the almost 94,000 compensation decisions made in 2019-20 were accepted by the claimant.

"The Department of Veterans' Affairs continually strives to review and improve its decision-making processes to ensure decisions are as accurate as possible in order to provide the best possible support to veterans and their families," he said.

"The Veterans' Review Board process allows for a veteran to refine the information provided for their claim or provide additional medical information that was not part of the initial claim, which may result in a variation.

"DVA works closely with the Department of Defence and the broader ex-service community to ensure veterans are submitting all the required information at the time of the initial claim."

Key points:

- Data shows nearly 80 per cent of Department of Veterans Affairs decisions that are appealed end up being changed
- The Department says many of those changes are due to new information coming to light
- Veterans have told the ABC the Department's handling of cases is causing them harm

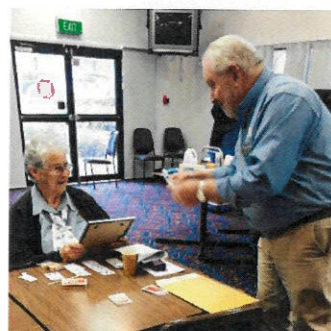
OTHER NEWS

Vietnam Veterans Day **18th August, 2020**



Presentation

Royal Mahoney Life Membership
RSL Ladies Auxiliary



OBITUARY

Errol Patrick Guilfoyle (1942 - 2020)

Errol Patrick Guilfoyle was born in Beaudesert hospital on 2nd of June 1942 and passed away on Tuesday 28th July 2020.

Errol was the second of six children to Grace and Paddy Guilfoyle. He was a happy baby with a freckled face, beautiful curly hair with a red tinge and a mischievous grin that he never lost. Grace kept his curls short after he was mistaken for a girl.

He was educated at St. Mary's convent school and received his secondary education at the Beaudesert State School secondary department. During his time at St Mary's, Errol served as an altar boy. Needless to say, he knew the taste of the altar wine!

He left school and became an apprentice Boiler Maker for Hec Robinson at the knackerery at Bronnelton. Errol's sister, Joy Wilson, recalls he used these skills at home by making his mother a rotary clothesline. He was also a very good woodworker and he made Grace several items which are still in the possession of the family now.

At 17 years of age, Errol enlisted in the Australian Army. He served his country in Australia from 27th July 1959 to 22nd July 1969, with overseas deployment to New Guinea in 1968.

His army trade qualifications included nursing, orderly, medical assistant and an inspector in hygiene.

It was during his army life that Errol was posted to Adelaide where he started his first family. From Adelaide, he was posted to the Land Warfare Centre at Canungra.

Following his discharge from the Australian Army, Errol became the warden at the Lamington National fitness camp. He be-

came a National Park Volunteer Ranger, within this role he issued permits to bushwalkers and monitored their trips. During his time as the Volunteer Ranger he carried out numerous search and rescue operations for lost and injured bush walkers.

He also conducted an Honorary Ambulance Station for the benefit of the local community and campers. While at Lamington Errol married the love of his life, Diane Manderson, on 11th September 1976.

He became an ambulance officer while at Lamington, continuing this work for several years after leaving the camp until ill health forced him to retire.

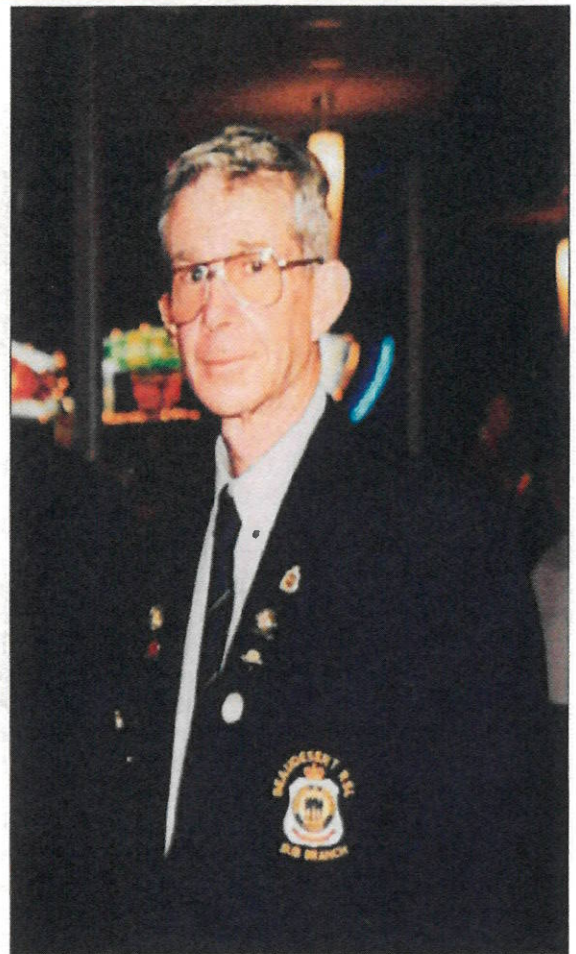
Errol and Diane were blessed with the arrival of Christopher in 1994 and Kate's arrival in 1996 completed the family. He was a very devoted husband to Diane and proud father.

In his retirement, he became heavily involved with the Beaudesert RSL, where he served as the Sub-Branch President from 2001-2018. He served in this position with great pride and commitment and was made a Life Member of the Beaudesert RSL Sub-Branch.

Dennis, Alan, Marilyn and Joy will always

be extremely grateful for the way Errol cared for Grace in her later years when they were too far away to do the day to day caring.

Errol's funeral service was held in Beaudesert on Tuesday 4th August 2020. He was remembered by family and friends as a loving husband, father, grandfather and caring community member.



Errol Guilfoyle

In Memory of Errol Guilfoyle

In my time I worked with Errol, I found him to be quite humble, liked to have a laugh and a great mentor. I learnt a lot from Errol including the history of Beaudesert RSL Sub Branch, and how dedicated he was to the Sub Branch and its members.

He was an attribute to the Sub Branch, with so much knowledge and passion and respect he gained from local Business's. Each year Errol would do his rounds around town asking the local Bsuiness's for their support and donation towards ANZAC Day Gunfire Breakfast and the Australian Spirit Bursary.

Errol will be sadly missed but never forgotten.



Joanne Crocker (Secretary/Office Manager)



Australian Government
Department of Veterans' Affairs



VETERANS' HEALTH WEEK

**BEAUDESERT RSL SUB BRANCH INC.
SOCIAL CONNECTION LUNCHEON**

**Support health and wellbeing in the
veteran and ex-service community.**

Wednesday 21st October, 2020

11.00am - 2.00pm

Beaudesert RSL Services Club - Function room

RSVP:

By 09/10/2020

Secretary Ph: 5541 3720 (9am-1pm) Mon-Fri

For more information visit www.dva.gov.au/vhw

  **#VeteransHealthWeek**

2020 GROUP PROGRAMS

BEATING THE BLUES

A skills-based group program to help understand the situations and thinking patterns that contribute to depression, and identify strategies to help manage symptoms.

BUILDING BETTER RELATIONSHIPS

Building better relationships can help you rediscover what's important in your relationship, and rebuild a relationship with your partner.

DOING ANGER DIFFERENTLY

Doing anger differently will help you to understand anger and manage it more effectively, so that it doesn't have a negative impact on your own, or others' lives.

MANAGING PAIN

This program will help you learn about pain and teaches you strategies and skills for effective pain management.

MENTAL HEALTH FIRST AID

Mental Health First Aid is a two day workshop that teaches practical skills for helping a family member or friend who is experiencing mental health problems.

OPERATION LIFE: ASIST

The two day workshop aims to help you see, hear and respond to suicide signals. Preparing you to work with people at risk, increase their immediate safety and to get further help.

OPERATION LIFE: SAFETALK

In the safeTALK half day workshop you will learn how to become more alert to suicide prevention opportunities, and how to offer help.

PARENTING PROGRAMS

Parenting programs are tailored to the needs of attending veteran families, to help build strong and positive relationships between parents and their children.

RECOVERY FROM TRAUMA

This program will help you to understand the possible impact of trauma, and teaches you strategies and skills to help you to manage its impact on you and your family.

RELAXATION AND STRESS MANAGEMENT

Relaxation and stress management provides practical skills that can be used in everyday life to de-stress via mindfulness techniques.

RESIDENTIAL LIFESTYLE PROGRAM

The Residential lifestyle management program is designed for veterans and their partners who want to enhance their wellbeing and relationships.

SLEEPING BETTER

Sleeping better is an educational and skills-based group program to help you manage disturbed sleep.

STEPPING OUT

A two day program for ADF members and their partners who are about to, or have recently separated from the military.

UNDERSTANDING ANXIETY

This program will help you to understand anxiety and teaches you strategies and skills to reduce anxiety and associated stress.

2020 GROUP PROGRAM SCHEDULE JULY - DECEMBER

IPSWICH

Beating the Blues

Tuesday 13th & 14th October | 10:00am – 4:00pm

Two Day Program

Doing Anger Differently

Thursday 10th & 11th September | 10:00am – 4:00pm

Two Day Program

Monday 30th Nov & 1st December | 10:00am – 4:00pm

Two Day Program

Managing Pain

Thursday 8th & 9th October | 10:00am – 4:00pm

Two Day Program

Mental Health First Aid

Monday 21st & 22nd September | 9:00am – 5:00pm

Two Day Program

Monday 2nd & 3rd November | 9:00am – 5:00pm

Two Day Program

Operational Life: ASIST

Thursday 1st & 2nd October | 9:00am – 5:00pm

Two Day Program

Thursday 26th & 27th November | 9:00am – 5:00pm

Two Day Program

Operational Life: SafeTALK

Monday 31st August | 9:30am – 1:30pm

Half Day Program

Friday 23rd October | 9:30am – 1:30pm

Half Day Program

Recovery from Trauma

Thursday 19th & 20th November | 10:00am – 4:00pm

Two Day Program

Stepping Out

Thursday 20th & 21st August | 10:00am – 4:00pm

Two Day Program

Stress Management & Relaxation

Monday 12th October | 10:00am – 4:00pm

One Day Program

Monday 23rd November | 10:00am – 4:00pm

One Day Program

Understanding Anxiety

Tuesday 29th & 30th September | 10:00am – 4:00pm

Two Day Program

Thursday 3rd & 4th December | 10:00am – 4:00pm

Two Day Program

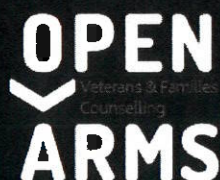
For additional dates Open Arms offers group programs in our other locations including:

- Gold Coast
- Toowoomba
- Sunshine Coast
- Brisbane

Please visit the Open Arms website for more information.

**Calendar is current as of 8th July 2020*

Please note, Open Arms provides a range of educational online and face-to-face workshops. These groups are scheduled on demand. To register your interest and for the most up to date information visit:
<https://www.openarms.gov.au/get-support/treatment-programs-and-workshops>



1800 011 046
OpenArms.gov.au

Founded by Vietnam veterans, now for all veterans and families



Intercept

Youth & Family Program

GrandCarers Have your say...

Are you a grandparent and the primary carer for children and/or young people? If so, we would like to meet with you.

We want Grandparent Carer voices to be heard, so tell us about your caring role and help us to improve service and supports for you. What works for you now and what other supports would you like to see in your caring role?

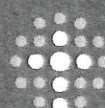
How: In person, over phone or video call
– your choice of venue and method.

FREE

Working with Moreton Bay Creative Communities (MBCC) Projects Funding to provide more support in your caring role.



To find out more please contact Supporting GrandCarers Project Officer – Vanessa Lynn at Intercept on 07 5428 1684 or email vanessa.lynn@lutheranservices.org.au



**Lutheran
Services**

Youth & Family



**LUTHERAN
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OF AUSTRALIA**